

TUNA SANDWICH



Preparation time: 30 min Serves 4

- 4 "Pane Arabo" rolls
- 1 can of tuna without oil
- 4 hard-boiled eggs
- 1 package of lamb's lettuce
- 10 cherry tomatoes
- · 2 green bell peppers
- 2 shallots
- pitted black olives
- fresh basil
- mayonnaise
- olive oil
- salt and fresh pepper

Preparation

- Cut the "Pane Arabo" rolls into half and sprinkle olive oil on both sides.
- 2. Place the lamb's lettuce and thin slices of bell pepper on the bottom part of the roll.
- 3. Mix tuna with a bit of mayonnaise and put it on top of the bell pepper slices.
- 4. Add sliced eggs, cut shallots, tomatoes and olives.
- 5. Refine with olive oil, basil, salt and fresh pepper and cover the roll with its upper half.













